

Free express post for orders over \$200 until further notice

Acidophilus 175mg 150 caps prebiotic, probiotic for intestinal health and immunity – 5 months supply	\$12
African Mango (Irvingia gabonensis) 150mg 10:1 seed extract 60 vcaps for weight loss, leptin levels, appetite suppressant	\$17
ALA (Alpha Lipoic Acid) 100mg 120 vcaps: Fat & water soluble free radical scavenger: Fat loss, heart, brain, skin	\$17
ALCAR – Acetyl L-Carnitine 250g for brain, heart health, energy, fat loss, muscles	\$30
Allergy Relief 600 quick-dissolving tablets (under the tongue), homeopathic, for seasonal allergies, was \$11 now \$5 until sold	\$ 5 To clear
Andrographis 400mg 120 tablets for cancer, arthritis, diabetes, triglycerides, skin, respiration, cardiovascular, liver, brain	\$19 NEW
Apricot Kernels Raw Organic (B17) 227g for cancer, iron, protein, healthy fats	\$17 +
L-Arginine Alpha-Ketoglutarate AAKG 250g powder: Body Building, Fat Loss, Cardiovascular, blood pressure	\$25 +
Arniflora Arnica Gel 78g (as on Dr Oz show) for pain, swelling, stiffness, bruising, muscle spasms	\$15
Artemisinin 100mg 90 vcaps for cancer, malaria, parasites	\$37 NEW
Ashwagandha Root powder, organic, with Somnifera 453g for immune system and stress tolerance, use as tea	\$32
Astaxanthin 4mg 60 v-softgels: antioxidant, reduces oxidation of LDL cholesterol, 500 x stronger than vitamin E	\$14 +
Astragalus Extract 500mg 90 vcaps for immune system, cancer, liver, libido, anti-ageing, energy, drive, stress	\$15
Astragalus Root powder 454g for immune system, cancer, anti-ageing, libido, allergies, use as tea	\$24
Bacopa Extract - Discontinued. See Holy Basil+Lotus+Bacopa	
Baking Soda 453 gram: Baking, indigestion, cancer prevention, athletic performance, teeth whitening	\$ 6
Banaba Leaf Extract 60 vcaps: Blood glucose, diabetics, fat loss	\$15 +
Batherapy Mineral Bath Salts 907 gram with magnesium, for cramps, bones, health	\$16 +
Bee Propolis 500mg 240 vcaps: Anti-bacterial, anti-viral, anti-inflammation, anti-parasites, anti-cancer	\$23 +
Benfotiamine 150mg 120 capsules: Diabetes, nerve repair, reduced AGE's (Advanced Glycation End products)	\$20 +
Berberine 200mg 60 vcaps: Immunity, Alzheimers, diabetes, cholesterol, blood pressure, digestion	\$32 +
Bergamot 500mg 60 capsules: Cholesterol, diabetes, beats statins in studies with no side-effects	\$35 +
Beta Carotene 25,000 IU 250 gelcaps: Antioxidant, immunity, converts to Vitamin A as needed in the body	\$22 +
Beta Sitosterol 400mg 90 vcapsules with campesterol and stigmasterol: Prostate health	\$15
Betaine Hydrochloride 648mg with Pepsin 150mg 120 capsules: Protein and fat digestion, muscle building, digestive issues	\$17 +
Bilberry Extract 30mg 25% Anthocyanosides 60 vcaps for vision, diabetes, blood pressure, circulation	\$ 9
Bioperine 10mg 120 tablets for increased absorption of food and supplements	\$13
Bitter Melon 500mg 60 capsules: Diabetes, blood glucose control	\$11 +
Borage Oil 60 softgels, best source of GLA (Gamma Linolenic Acid)	\$16
Boron 3mg 250 capsules: Bones, heart, hormones, menopause, enzymes, cholesterol, brain, fungal	\$14
Boswellia Extract 262mg 100 tablets (Frankincense): Asthma, Arthritis, IBD, Inflammation, Cancer	\$19
Brite Eyes III drops 2 x 5ml with Acetyl L-Carnosine for cataracts, glaucoma, macular, eye health	\$35
Bromelain 2000 GDU/g 500mg 60 capsules: Stress, digestion, protein breakdown, IBS, pain	\$18 +
Cacao organic 454g for cardiovascular, blood pressure, cholesterol	\$23
Calcium D-Glucarate 500mg 90 vcaps: excretes bad estrogens and toxins, helps prevent cancer	\$27
Candida Support (formerly Candida Clear) 180 vcaps: Digestion, parasites, thrush, yeast, intestinal flora	\$31
Candida Support (formerly Candida Clear) 90 vcaps: Digestion, parasites, thrush, yeast, intestinal flora	\$18
Cardio Chelate with EDTA, MSM, NAC 180 vcaps: Cardiovascular health, reduce deposits in arteries	\$24 Reduced
L-Carnitine 250mg 120 capsules for building muscles, ATP, heart health and fat loss	\$15
L-Carnosine 500mg 100 veg capsules for cellular rejuvenation, eye health, super antioxidant, nerves, diabetes	\$44 +
Catuaba 500mg 60 capsules: Libido, depression, HIV, mood, energy, was \$18 now \$8 to clear	\$18 +
Charcoal, Activated, 280 mg 100 capsules: Absorbs gas, bloating, toxins	\$11
Cholesterol Balance 60 tablets, with beta-sitosterol for lowering cholesterol	\$ 6
Choline & Inositol 500mg 100 capsules: Brain, Nervous System, Liver health, fatty acid metabolism	\$13
Chromium 500mcg 180 vcaps: diabetes, body building, glucose metabolism, fat loss	\$17
Chrysin 500mg 30 capsules: Aromatase inhibitor to help stop testosterone conversion to estradiol	\$19
Cinnamon, Ground, organic 453 grams: diabetes, fat loss, insulin and glucose metabolism	\$12
Cinnamon, Ground, Ceylon, organic 453 grams: Fair Trade, diabetes, fat loss, insulin and glucose metabolism	\$29 +
CLA (Conjugated Linoleic Acid) 1250mg 180 softgels – Cancer, fat loss, muscle gain, HDL cholesterol	\$33
Cloves, ground, organic, 80g: Antioxidant and add flavour to almost any food	\$ 8
CMO Cetyl Pure (Cetyl Myristolate) 550/110mg 120 caps for joint health, arthritis, rebuilds synovial fluid	\$25
Coconut Oil, Extra Virgin 1.6 litres for fat loss, alzheimer's, oral hygiene, skin, hair	\$44 +
CoQ10 100mg 120 softgels - for heart health, muscles and energy function (see also Ubiquinol)	\$19
CoQ10 100mg plus PQQ 20mg 60 vcaps – for memory, mitochondria, cardiovascular, learning, focus.	\$52
CoQ10 600mg 150 gelcaps- heart health, muscles and energy function (see also Ubiquinol)	\$105 NEW
Colostrum 500mg 120 capsules: 40% Immunoglobulins for immunity, cancer, athletic performance, was \$15 now \$7	\$ 7 To clear
Copper Chelated 2.5mg 100 tablets: Wound healing, ulcers, blood count, haemoglobin, hair colour, connective tissue	\$13
Coral Calcium 170g for bone health, alkalinity.	\$15 +
Creatine Monohydrate 500g powder for strength, muscle building	\$ 9
Cumin Seed, ground, 453 gram packet for cardiovascular & joint health, cancer fighting, was \$15 now \$7	\$ 7 To clear
Curcumin (Turmeric Root Extract) 665mg 120 vcaps for cardiovascular and joint health, cancer, immunity	\$41
Curcumin (Turmeric Root Extract) 475mg 120 softgels: Better absorption, cardiovascular and joint health, cancer, immunity	\$39
Curry powder 453g organic, no onion or garlic, suits Low FODMAP diet	\$18 +
Denture Adhesive, Sensitive, paraben free and firm hold	\$13
DHA 500 from Calamari, 500mg 180 softgels for heart, brain, cardiovascular	\$55
Digest Basic digestive enzymes 180 capsules: IBS, Pancreas, Gall bladder, Crohn's disease	\$33
DIM diindolylmethane 100mg 120 tabs-hormone health, flush bad estrogens, fights cancers	\$32
DLPA 750mg 60 tablets: for chronic pain and/or depression	\$15
DMAE 351mg 200 tablets for mental concentration, memory, lifespan, mood, ADHD	\$20
Elderberry 575mg 100 caps: bacterial/viral infections, flu, heart health, allergies, yeast infections	\$12

English Ivy Extract 90 tablets: bronchitis, lung infections, emphysema, COPD, cough, throat infections	\$13
Fenugreek Seed, whole: 453 grams to increase free testosterone, reduce body fat, improve libido	\$12 +
Fo-Ti (He Shou Wu) 610mg 100 capsules: Cardiovascular, nerves, brain, hair, liver, immunity, was \$11 now \$5	\$ 5 To clear
Folate (Active) 400 mcg 90 vcaps, 5-MTHF for those with deficient enzymes to convert folate to natural form	\$11
Forskolin 130mg 60 vcaps for weight loss, cellular function, skin, allergies, angina, BP, IBS, UTI, cancer	\$24
Fucoidan 60 vcaps: Antioxidant, immunity, heart, cancer	\$40 +
Fulvic Acid (Shilajit) 250mg 60 vcaps: Brain, cells, energy, skin, intestines	\$20 +
GABA 750mg 100vcaps, relaxation, calming, nervous tension, muscles, natural L-form (not artificial) was \$17, now \$5	\$16
Garlic Extract 50mg 250 softgels, Odourless, for blood pressure, immunity, cholesterol, health	\$18
Gas Stop 60 vcaps with Digestive enzymes for gas, bloating, pressure	\$24
Ginger root powder, organic 453 grams for health, immunity, gas, cramps, nausea, congestion, circulation	\$17
Ginkgo Biloba Extra Strength 120mg 120 caps for mental clarity, heart health	\$12
Glucomannan 227g powder: cholesterol, blood glucose, constipation, detox, triglycerides, weight loss, IBS, digestion	\$18
Glucosamine & Chondroitin with MSM 180 capsules for joint health, arthritis	\$37
L-Glutamine powder 300 grams: Fast workout recovery, supports protein metabolism, essential amino acid	\$20
L-Glutathione Reduced 500mg 60 capsules for immunity, antioxidant, diabetes, free radical protection	\$34
Graviola 500mg 100 capsules for immune function, cancer fighting, calming.	\$12 +
Green Tea Extract 500mg 120 tablets 175mg EGCG antioxidant - weight loss, natural antioxidant	\$18
Green Coffee Diet Support 400mg 90 vcaps Low caffeine: Weight loss, antioxidant, blood pressure, diabetes	\$22
Guggulipid 500mg 100 capsules, 12.5mg guggulsterones: Cholesterol, thyroid, weight loss	\$20
Gymnema Sylvestre 450mg 120 tablets: diabetics, blood glucose,, triglycerides, cholesterol, was \$14 now \$7 until sold out	\$ 7 to clear
Hawthorn Berries, organic, 453k packet: Blood pressure, cardiovascular, diabetics	\$14
Hawthorn Berry 550mg 100 capsules: for blood pressure, circulation, cardiovascular, diabetics	\$11
Himalayan Salt Crystals 454g – full of quality minerals for good health, electrolytes, immunity	\$ 7 +
Holy Basil Extract 450mg 120 capsules for diabetes, blood pressure, inflammation, mental clarity	\$19 +
Holy Basil, Lotus and Bacopa 60 vcaps: blood pressure, pain, anxiety, depression, memory, Alzheimer's, epilepsy, ADHD	\$17 NEW
Horse Chestnut Cream 113g for edema, vein strength, varicose veins, external use	\$23 +
Horse Chestnut 705mg 90 tablets: Edema, vein strength, varicose veins	\$23 +
Hyaluronic Acid, Chondroitin Sulfate, BioCell Collagen 180 caps: Joints, skin (moisture, suppleness, elasticity)	\$45 +
Inulin pure powder 227g organic for weight loss, especially dangerous visceral fat, also for diabetics	\$12
IP6 Inositol Hexaphosphate 500mg 120 capsules for ferritin / iron chelation	\$16
Iron, chelated, 25mg 100 tablets for iron deficiency anaemia, haemoglobin, lungs, oxygen, cough, pregnancy	\$13
Krill oil enhanced with DHA and EPA 60 softgels 256mg DHA, 67mg EPA, omega-3 fatty acids	\$30
Lactoferrin 250mg 60 capsules: From bovine colostrum, for immunity, iron absorption, gentle on stomach	\$41
Lecithin Ganules 907g with Phosphatidyl Choline for mitochondria health	\$34
Lion's Mane (Hericium Erinaceus) 90 vcaps: Cancer, digestion, brain, Alzheimers, peptic ulcers, antidepressant, diabetes	\$17 +
Lithium 5mg 60 vcaps for anxiety, depression, ADHD, bipolar, manic, cancer, glaucoma, cluster headaches, Alzheimers	\$ 7
Lutein 10mg 120 vcaps for eyes, cataracts, macular, retinitis pigmentosa, skin, heart, lungs, cancer	\$19
Lycopene 15mg 60 softgels: eyes, prostate, lungs, skin, leukoplakia, cancer (esp. breast, ovarian, prostate)	\$17
L-Lysine 454g powder for immunity, protein metabolism, anti-cancer, cardiovascular, herpes, 2 years supply	\$20
Lysine Cold Sore Ointment 7 grams with Lysine and 14 healing herbs and vitamins, cuts healing time by 50%	\$ 9
Maca root powder 453g: Libido, stress, prostate, fertility	\$25
Magnesium chelated 240 tablets: highly absorbable - blood pressure, diabetes, nerves, cramps, strength	\$25 +
Magnesium and Potassium Aspartate with Taurine, 120 capsules for heart, muscles and nerves.	\$18
Mangosteen Extract 187mg 60 tablets: Immunity, diabetes, energy, cancer	\$13 +
Manganese 10mg 250 tablets: Bones, energy, collagen, antioxidants	\$15 +
d-Mannose 500mg 120 capsules: UTI infections, bladder health, concentrated extract of cranberries	\$26
Marshmallow Root 480mg 100 capsules: Antibacterial, for coughs, dry or sore throats, sinus	\$ 9
Melissa Leaf Extract 500mg 100 capsules: Diabetes, blood pressure, inflammation, cancer, mood, depression, triglycerides	\$10
Memory Complex 60 tablets: Boost memory, enhance brain function, protect from brain degenerative disease	\$14 +
Men's Virility Power 120 vcaps: Horny Goat Weed, Tribulus, Maca, Damiana, Muira Puama, Panax, was \$30 now \$15	\$15 To clear
L-Methionine 100g powder – amino acid for brain, antioxidant, cardiovascular, immunity, weight loss, methyl donor	\$19
Minerals-Full Spectrum 240 capsules incl Iodine, Vanadium, Selenium, Zinc, Magnesium, Calcium (no Iron)	\$26
Modified Citrus Pectin 750mg 120 capsules for Cellular Immune Health, was \$39 now \$19 to clear	\$19 To clear
Mucuna Dopa 100mg 120 capsules for libido, assertiveness, brain, muscle growth	\$28 NEW
Muira Puama 500g 60 vcaps for libido, impotence, joints, cholesterol, brain health, energy	\$12 +
NAC N-Acetyl Cysteine 600mg 250 vcaps, critical antioxidant, Selenium and Molybdenum	\$33
NADH, NAD+ (Co-Enzyme E1) 10mg 60 vcaps, Active form of B3/Niacin: ATP, neurotransmitters, cell function, long life	\$42
Nattokinase 2000FU 270 veg capsules for artery health, circulation, 9 months supply	\$48
Natural Brain Enhancers 60 vcaps, with GPC, GlyceroPhosphoCholine) and SerinAid (PS, PhosphatidylSerine	\$30 +
Neem Leaf 475mg 100 capsules: Cancer, diabetes, ulcers, skin, leprosy, was \$10 now \$5 until sold	\$ 5 To clear
Nettle Root Extract 250mg 90 capsules for testosterone, prostate, anaemia, wound healing	\$13
Nettle Leaf Organic 453g bag: anaemia, allergies, rheumatism, hormones, prostate, testosterone	\$22
Nigella Seeds Organic 453g bag for lowering SHBG to increase free testosterone, cholesterol, cancer, diabetes	\$21
Noni 650 mg 120 capsules: Cancer, Immunity, Cholesterol, Memory	\$24
Nopal Cactus 1000mg 60 tabs diabetics, blood pressure,energy, glucose, diuretic, cholesterol, antioxidant	\$13
Oregano Oil 30ml: Oral health, parasites, cramps, bloating, heartburn, urinary tract infections, arthritis, allergies	\$18
Passion Flower Extract 350mg 90 vcaps: Insomnia, anxiety, asthma, blood pressure, fat loss, hormones	\$14 +
Pau d'Arco 545mg 180 vcaps: Cancer, candida, yeast infections, inflammation, osteoarthritis	\$13
Peelu Gum Peppermint Blast, 100 pieces, xylitol sweetened, sugar free for oral hygiene	\$13
Peppermint Oil 90 enteric softgels: Heather's Tummy Care, intense bowel soothing for IBS and other digestive issues	\$15
PepZinGI Zinc L-Carnosine complex 120 veg capsules for gastric health, stomach support	\$29
PhosphatidylCholine (PC) 420mg 90 softgels: liver, gastrointestinal, lungs, brain , cell wall, mitochondria	\$20 +
Pine Bark Extract 150mg 60 tablets (similar to Pycnogenol): diabetes, circulation, capillary blood flow, eye health	\$18
Policosanol 20mg (double strength) 90 vcaps for cardiovascular, cholesterol, diabetes, post-menopausal women	\$23
Pomegranate 500mg 120 veggie caps for immunity, blood pressure, cancer, cardiovascular, prostate	\$13
Potassium Citrate 99mg 180 caps: nerves, nutrient absorption, acid balance, blood pressure, kidney stones	\$10 +
Potassium plus Iodine 180 tablets 99mg / 225mcg for thyroid support and pH balance	\$11

PQQ 10mg 30 capsules: Cell/Mitochondria rejuvenation, heart & brain, energy, anti-ageing, pregnancy	\$17
PQQ 20mg plus CoQ10 100mg 60 capsules: Cell/Mitochondria rejuvenation, heart & brain, energy, anti-ageing, pregnancy	\$52
Probiotic: GR8-Dophilus, 60 vcaps: Healthy gut flora, healthy immune system, helps rebuild after antibiotics	\$17
Probiotic: Probiotic Defense 90 vcaps with soil organisms for immunity, healthy gut bacteria	\$26
Prostate Formula 120 vcaps: Prostate health with D3, B6, Zinc, Selenium, Copper, Beta Sitosterols, Pygeum	\$26
Proteolytic Enzymes 90 enteric-coated vcaps, broad spectrum enzymes to break down protein to amino acids	\$32 +
Psyllium Husk 453 grams, finely powdered for constipation relief, regularity and intestinal health	\$15
Pterostilbene 50mg 60 capsules for memory, anti-ageing, cognitive function, diabetes, cholesterol	\$29
Pterostilbene / Resveratrol 50 / 500 mg 60 vcaps for anti-ageing, diabetes, blood pressure, telomeres	\$36 +
Pumpkin Pie Spice 453g powder: Cinnamon, cloves, ginger, nutmeg	\$15 +
Pumpkin Seed Oil 1000mg 100 softgels for prostate support, parasites, arthritis, cholesterol, parasites, bed-wetting	\$13
Quercetin Bromelain 180 capsules for immune system, cancer fighting, anti-estrogenic, circulation, respiration	\$30
R+ALA Alpha Lipoic Acid 150mg 60 capsules for muscle growth, nutrient absorption, energy, blood glucose	\$17 NEW
D-Ribose 300g powder: Energy, muscles, chronic fatigue, fibromyalgia, heart and artery health, cramps, muscle stiffness	\$35
Rhodiola Rosea 500mg 60 vcaps: Stress tolerance, brain function and protection, fat burning, blood glucose	\$16
Rutin 450mg 100 vcaps for cardiovascular health, anti-inflammatory, antioxidant, better than aspirin for the heart	\$14
Saccharomyces Boulardii 60 vcaps: The most rugged probiotic, easily surviving the acidic stomach, may help diarrhoea	\$17 +
Saffron 88mg 50 vcaps: Immunity, health, cardiovascular, blood pressure, anaemia, energy	\$22 +
SAMe 200mg 60 tablets: Pain, mood, liver, sleep, detox, arthritis	\$33 +
Saw Palmetto Berry 550mg 250 capsules for prostate health, helps prevent balding, may reduce DHT	\$21
Sea Buckthorn Oil 500mg 60 softgels: Omega 7, heart, cardiovascular, liver	\$32 +
Selenium 200mcg 180 tablets: Super antioxidant, immune system, cancer fighting, esp. breast, ovarian, prostate	\$ 8
Serrapeptase 270 capsules, best proteolytic enzyme for health, pain, digestion, parasites, healing	\$47
Silymarin 300mg 200 vcaps: Liver function support, double strength	\$30 +
Skin Recovery Antioxidant Cream 85ml for ulcers, abrasions, wounds, cuts	\$22 +
S.O.D. 2000 units, 90 tablets: Antioxidant, anti-inflammatory enzyme, essential for health, cancer treatment/prevention	\$10
Swedish Flower Pollen 126mg 90 tablets for healthy prostate function and urine flow	\$20
Taurine powder 335 grams: nerves, heart, arrhythmia, eyes, ears, cholesterol, blood pressure, cancer, anti-ageing	\$14
Taurine 1000mg 240 capsules, heart health, arrhythmia, energy, essential for vegans/vegetarians	\$28 +
Tea (Essiac) Guardian Spirit 453g powder for cancer	\$28
Tea, Hibiscus, 453 gram packet, cut and sifted, natural blood pressure reduction, as seen on Dr Oz show	\$19
Testrol 60 tablets: Testosterone booster	\$36 +
Theanine Serene 60 tablets: Relora, Taurine, Magnesium, GABA, L-Theanine, Holy Basil Extract: Nerves, was \$18 now \$9	\$ 9 To clear
TMG (Trimethylglycine) 1000mg 100 tablets: Anti-Ageing, lowers homocysteine. Best with B-12	\$18
Toothpaste 170 gram, Fluoride Free for oral health	\$ 8
Tribulus 1000mg 180 tablets for prostate, weight loss, body building, libido, cardiovascular, organ health, was \$33 now \$16	\$16 To clear
Tryptophan 500mg 120 tablets for sleep, mood, circulation, relaxation	\$42 +
Turmeric Root, ground, 453 grams anti-inflammatory, anti-cancer, anti-Alzheimer's, antioxidant	\$15
Ubiquinol 50mg 90 softgels, Up to 8 x strength of CoQ10, active antioxidant form, energy, cardiovascular health	\$32
Ulcetrol 60 tablets: Relieve ulcers in stomach lining and digestive tract	\$24 +
Valerian Root 500mg 250 capsules for a sound night's sleep	\$17
Vinpocetine 10mg 120 tablets for brain health, IQ, cognitive function, hearing, eyes	\$17
Vitamin A 2500IU 250 softgels: Vision, Immune System, Health. Best taken with Vitamin D3	\$16
B-Group Biotin 5000mcg 110 capsules: Hair, nails, skin, energy, diabetes, blood pressure	\$ 8
Vitamin B-12 1500mcg 60 capsules Active Methylcobalamin: skin, hair, blood, muscles, energy, brain, Alzheimers, nerves	\$ 8
Vitamin B-12 1000mcg 100 lozengers (Methyl): skin, hair, blood, muscles, energy, brain, Alzheimers, nerves, DNA	\$11
Vitamin B-2 100mg 100 capsules for pain, nerves, migraines, intestinal protection	\$ 7
Vitamin B-3 Niacin TR 500mg 100 tablets Time Release: Energy, diabetics, Blood Pressure, cholesterol, addictions	\$13
Pantethine (Coenzyme A, also called Coenzyme B-5) 450mg 60 softgels for brain, cholesterol, cardiovascular	\$24
Vitamin B-5 (Pantothenic Acid) 500mg 250 caps: diabetes, cholesterol., testosterone	\$18
Vitamin B-50 vitamin B complex 250 capsules with PABA, Choline, Inositol, economy 8 months supply	\$25
Vitamin B-6 100mg 250 capsules for cardiovascular, dementia, mood, metabolism, anti-ageing	\$14
Active B6: P-5-P Pyridoxal 5' Phosphate 50mg 100 tablets: red blood cells, nerves, cardiovascular, cancer	\$19
Vitamin C: pure Ascorbic Acid, no sugar, no sodium ascorbate, 1 kg tub, powerful antioxidant, cataracts, cancer, immunity	\$52
Active Vitamin C: Fat soluble Ascorbyl Palmitate 500mg 90 capsules for greater absorption into all body cells	\$19
Vitamin D3 5,000 IU 360 gel caps for health, bones, immunity, mood, cancer, best taken with vitamins A,C & K2	\$17
Vitamin D3 10,000 IU 360 gelcaps for health, bones, immunity, mood, cancer, best taken with vitamins A,C & K2	\$20 NEW
Vitamin E 1000IU 55 softgels (dl-alpha tocopheryl acetate) cholesterol, antioxidant, eye health, cancer, immunity	\$12
Vitamin E Tocomin SupraBio 50mg 60 softgels: Brain, Cardiovascular, all 8 forms of tocopherols/tocotrienols	\$16
Vitamin K2 100mcg 100 capsules: bones, blood vessels, tissue, immunity	\$14
Vitamin K2 MK7 100mcg 60 capsules: bones, blood vessels, soft tissue, immunity	\$17
Vitex (Chaste Berry) 400mg 100 vcaps: Balancing monthly cycle, was \$9 now \$4 to clear	\$ 4 To clear
Water Out 100 vcaps: Natural and gentle diuretic	\$16
Wheatgrass powder Organic 453 grams, full of vitamins, minerals, protein, amino acids, complete super food	\$28 +
White Willow Bark Extract 400mg 100 capsules, min. 15% Salicin, Pain and Inflammation, was \$10 now \$5 until sold	\$ 5 To clear
Yellow Dock Root 500mg 100 capsules for immunity, cleansing, digestion, constipation, iron deficiency, lymph	\$11 +
Zinc L-OptiZinc 30mg 100 capsules with Copper for immune system, strength, enzymes, anti-grey hair	\$10

### Womens Health and Menopause Products

Evening Primrose Oil 500mg 250 softgels for healthy hormones in women, hot flushes, mood, menopause	\$20 +
Wild Yam Root 180 vcaps to relieve hot flushes and other menopausal symptoms, 3 months supply	\$16 +
Vitex (Chaste Berry) 400mg 100 vcaps, helps balance monthly cycle, was \$9 now \$4 until sold	\$ 4 To clear

### Cosmetics – All products free from Phthalates, Sodium Laurel Sulphates, Parabens and other dangerous chemicals

Shampoo-Giovanni 250ml Hydrating-clarifying, paraben-free for shiny, healthy hair	\$11
Shampoo-Thickening 414ml, Citrus squeeze, B-Complex and Biotin	\$12
Conditioner-Biotin and Bamboo, 532ml by Nature's Gate: Paraben-free for strong, healthy hair, was \$10 now \$5 until sold	\$ 5 To clear
Deodorant, natural, 75 gram, no aluminium or other toxic ingredients	\$ 5
Derma E, Pycnogenol Soothing Moisturising Creme, 56g, parabens & fragrance free, for dry-normal skin	\$35
Derma E, Hydrating Eye Creme to tighten and improve skin around eyes, Hyaluronic Acid+ Pycnogenol	\$25 +
Giovanni Hair Gel, Strong Hold 200ml, no parabens, PEGs, SLS or other toxins	\$11 NEW
Madre Labs Pycnogenol Serum 28 gram for skin conditioning, collagen	\$15 +

Updated: 22nd March 2018. Prices in Australian Dollars. Email us for questions or special product requests. We order from USA suppliers almost daily. We endeavour to express post all orders the same or next business day, flat rate \$12 (Free for orders over \$200).

Health and Nutrition advice is always free and without obligation, but should be used in conjunction with personal advice from your doctor.

LeanMachine is a non-profit business dedicated to people regaining or improving their health.

All products are individually selected for benefit, ingredients, value.

Questions? Email [sales@leanmachine.com.au](mailto:sales@leanmachine.com.au)

Phone 08 85662875 or mobile 0408 816416

Legend:

+ Not always in stock – let us know your requirements and allow up to 14 days for delivery.

SE Short expiry date (less than reasonable expiry date)

**LeanMachine online store:** [www.leanmachine.net.au/catalog](http://www.leanmachine.net.au/catalog)

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28 Hawke Street, Kapunda SA 5373

**Note: All items marked "To clear" are slow-moving, some with short expiry dates, all reduced to half price or less, and will be either discontinued or re-stocked at original price once sold out.**